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Natural Rapid Weight Loss, Lose Weight Faster With Hypnosis, Meditation, And Affirmations: The Sleep Learning System



Synopsis

Naturally lose weight fast and get the body you've been wanting. Stop old habits in their tracks, shed pounds now, and feel amazing. Rapid weight loss is yours today with this powerful guided meditation program from the Sleep Learning System and world-renowned hypnotherapist Joel Thielke. Benefits of this program include: Fast, natural weight loss Better sleep More energy throughout your day Exercise motivation Just turn on your audiobook, relax, and fall asleep...fast, natural weight loss and better confidence await you. Rapid weight loss doesn't have to be a chore; make it natural, faster, and easier with The Sleep Learning System. Sleep learning takes place when your mind is at rest and the subconscious is open to positive suggestions. It's an easy way of both learning and breaking bad habits while you sleep through the night. With this program, you'll get rid of unhealthy beliefs and habits and develop a mind-set for weight loss and confidence. Let Joel's voice guide you into a deep sleep that will last the whole night through. When you wake, you'll feel more energized and motivated and start seeing real results!

Book Information

Audible Audio Edition

Listening Length: 2 hours and 47 minutes

Program Type: Audiobook

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